

## **Adult Re-Entry and Mentoring Program**

## **Practice Goals/Target Population**

Adult Reentry Program aiding individuals with the transition from confinement to their home communities. The overarching goal is to reduce recidivism among adult participants.

## **Practice Components**

Adult reentry programs will generally initiate treatment (i.e., substance abuse, life skills, education, cognitive—behavioral, violent offender treatment) and provide additional program components in the community following an individual's release from prison or jail. LynMark Solutions Inc. will facilitate the collaboration of programs including therapeutic communities, reentry courts, employment and work release programs, substance abuse treatment programs, housing/homelessness programs, programs targeting violent offenders, programs targeting females and facilitation of character development classes.

LynnMark's programs include multiple modalities, including individual treatment, group treatment, client and family treatment, case management, and a mixed format. Some of the programs are voluntary, and others are mandated by the court. Ours is a multimodal program targeting several aspects (e.g., substance use, housing, social support, and employment).

## **Practice**

The practice targets several barriers to reintegration that individuals experience following their release from incarceration, including behavioral and cognitive skills, substance abuse problems, mental health issues, and obstacles related to lack of employment and education. For example, a lower level of educational attainment, an absence of a steady history of employment, and a lack of vocational skills can hinder efforts to find a job and make a decent wage. Providing educational programming and vocational training to the formerly incarcerated adults can help them overcome these challenges by fostering the skills needed to find employment (Davis et al. 2014).